



DR ASHISH DAVALBHAKTA
MBBS MS FRCS (GLASG) MCh (PLAST)

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Professional profile

Dr Davalbhakta Is a Board Certified Cosmetic Surgeon who has had majority of his Cosmetic Surgery training in UK and USA. He qualified with MS in General surgery from B J Medical college in 1993. He acquired his Masters in Plastic Surgery from Bombay University in 1996 with distinction and went onto specialise in further reconstructive and aesthetic plastic surgery in the United Kingdom.

He has done fellowships in Hand and Microsurgery, Breast aesthetic and reconstructive surgery and Cosmetic surgery in various centres including the world renowned plastic surgery unit at Addenbrooke's Hospital Cambridge, St. Andrews Centre for Plastic Surgery, Chelmsford, The royal Preston, Mt Vernon among others, acquiring his FRCS in 2000. He Worked as a Consultant in the South Manchester University NHS Trust Hospital. He has carried out pioneering work with Mr Niranjana in Pedicled Perforator flaps, breast asymmetry and tuberous breast conditions and has presented his work at numerous international meetings.

He is currently practicing as an Honorary Consultant Aesthetic Plastic Surgeon at both Ruby Hall Clinic and Oyster and Pearl Hospitals in Pune, India. He is the founder and Director of Aesthetics Medispa, a unique health, wellness and Cosmetic Surgery centre, the first of its kind in pune, India. He has been honoured with Assistant Professorship in Plastic Surgery at Bharti Vidyapeeth, a deemed university.

He specialises in Body Contouring surgery (Liposuction and Tucks) and Surgical and non Surgical rejuvenation surgery (Face Lift, Botox and fillers) cosmetic and reconstructive breast surgery, facial cosmetic surgery including rhinoplasty.

In order to provide the latest and cutting edge treatments to his patients Dr Davalbhakta travels extensively attending numerous international courses, workshops and conferences on aesthetic and reconstructive surgery.

Registration

GMC Registration:

FULL/ 4684617

MMC Registration:

6409 – 21 June 1990

Registration for add medical qualification:

9324 – 15 July 1993

Membership of Professional National and International Bodies

Life Member of Association of Plastic Surgeons of India

Member of International Society of Aesthetic Plastic Surgeons

International Candidate American Society of Aesthetic Plastic Surgeons

Fellow of Royal College of Surgeons and Physicians, Glasgow UK

Medical Education

Medical College	B.J. Medical College, Pune, India	06/84 – 05/90
Surgical Training MS (Gen Surgery)	Sassoon General Hospital, Pune	06/90 – 05/93
Plastic Surgery Training MCh. Plastic Surgery	Topiwala National Medical College, Mumbai & St Andrews Centre for Plastic Surgery, Addenbrooks Hospital	07/94 – 12/96

Two and half year residency in Topiwala National Medical College plus St Andrews Centre of Plastic Surgery and Addenbrooke's Hospital, Cambridge (UK)

Qualifications

M.B.B.S	B.J Medical College, University Pune, India	26/11/90
MS Gen. Surgery	B.J. Medical College, University Pune, India	21/11/93
MCh (Plastic Surgery)	T.N. Medical College, Mumbai University	7/12/96
FRCS (Glas)	Fellowship of Royal College of Physicians and Surgeons of Glasgow	15/05/00

Fellowships

St Andrews Centre for Plastic Surgery, Chelmsford, UK:

Hand Trauma and Micro Surgery	03/01 – 02/02
Breast Surgery	03/02 – 02/03
Cosmetic Surgery	03/03 – 05/04

Plastic Surgical Experience

Assistant Professor of Surgery in Bharti Vidyapeeth Medical College – A deemed university
Providing plastic & reconstructive service and tutoring to the medical college. 02/2011 - date

Founder director and Chief cosmetic surgeon Aesthetics Medispa 01/2009 – to date
A comprehensive health and wellness centre which has a cosmetic day surgery facility along with a spa.

Honorary Consultant Aesthetic Plastic Surgeon 08/05 – Date
Ruby Hall Clinic, Oyster and Pearl hospital, Pune, India

Since returning from the UK I have established practices at both sites providing a range of procedures to both local and international patients that includes cosmetic surgery, cosmetic and reconstructive breast surgery, facial cosmetic surgery, abdominoplasty, liposuction, rhinoplasty, and restylane

Locum Consultant - Burn and Plastic Surgery 14/06/04 – 05/06/05
South Manchester University Hospital, Manchester

South Manchester University Hospital Trust is the tertiary referrals centre and is the prime NHS group of Hospitals covering the population of Manchester.

As a Consultant I was entrusted to cover Wythenshawe Hospital, Booth Hall Children's Hospital and Rochdale Infirmary. Duties involved acute care of burn patients, adult and children, congenital anomalies, cosmetic surgeries and breast conditions. I had the sole responsibility to finish the waiting list for the above conditions. I was also responsible for the day to day management of the burns centre in adult and pediatric centres.

Specialist Registrar (LAS) 1/12/03 – 31/404

Mt. Vernon Hospital, London

Fellowship with David Gault in all aspects of ear reconstruction and in addition worked with D Harrison on facial palsy reconstruction.

Clinical Fellow Breast and Reconstructive Surgery

1/03/01 – 30/11/03

St Andrews Centre for Plastic Surgery, Broomfield Hospital

Carried out a breast surgery fellowship with Mr. N.S. Niranjana and Mr Ramakrishnan. . I specialised in primary and secondary breast reconstruction doing LD flaps, free microvascular DIEP flaps & muscle sparing free TRAM flaps, breast asymmetry, breast augmentation & breast reduction. Hand trauma, perforator based V-Y advancement flaps for skin cancer. Flap cover for lower limb trauma. In addition I was Acting Consultant for two months. This tenure incorporated a fellowship in Hand Trauma and Microsurgery.

Specialist Registrar in Plastic Surgery

8/01/01 – 25/02/01

Preston Hospital

Carried out extensive work doing Bracka's technique in hypospadias repair

Specialist Registrar in Plastic Surgery

1/02/00- 31/12/00

Addenbrooke's Hospital, Cambridge

Carried out extensive work involving complex hand trauma, pedicled TRAM & LD flap breast reconstruction, cleft lip and palate reconstruction, skin cancer resection and block dissections. Breast reductions and abdominoplasty, melanoma management and otoplasties.

Senior House Officer Plastic Surgery

01/06/ 98 – 01/02/00

Addenbrooke's Hospital, Cambridge

On call without registrar cover, independent OPLA lists, DSU lists, often registrar lists, often registrar lists in addition to the SHO duties and responsibilities.

Senior House Officer

06/97 – 05/ 98

St Andrews Centre for Plastic Surgery, Billericay

Clinical Attachment in Plastic Surgery

01/ 96 – 05/ 97

GT Hospitals, Mumbai

Worked with Prof. Dr Daver MS MS (Plast), Consultant Surgeon and Head of Department of Plastic Surgery mastering complex art rhinoplasties.

Registrar in Plastic Surgery

07/95 – 12/96

Nair Hospital, Mumbai

Assisting and operating clefts, mycutaneous flaps, local or distant fasciocutaneous flaps. Hand trauma and secondary burns reconstruction. Hypospadias, Pedicled Flaps for oral cancers, ORIF for craniofacial fractures

Senior House Officer in Plastic Surgery

06/94 – 06/95

Nair Hospital, Mumbai, India

Clerking, consenting operation lists, day to day management of patients of admitted into plastic surgery wards, all local anesthetic plastic surgical procedures

Senior House Officer in Plastic Surgery

08/93 – 01/94

Bombay Hospital and Medical Research Centre

Worked with Professor and Head of department of Plastic Surgery Mr. S.R. Tambvekar FRCS.

General Surgical Experience

Senior Registrar in General Surgery

06/92 – 05/93

Sassoon Hospital, Pune

Sassoon Hospital is a 1400 bedded university teaching hospital. I was attached to the professional unit, carrying out gastroenteric, colorectal, vascular operations and trauma.

Registrar in General Surgery

06/91 – 05/92

Sassoon Hospital, Pune

In addition to Registrars duties and responsibilities I was involved in rotation with Ortho, ENT and Plastic. Gained good exposure to acute surgical emergencies

House Officer in General Surgery

06/90 – 05/91

Sassoon Hospital, Pune

1:5 On call with no prospective cover, 24 hour resident on site and responsible for own patients

Teaching Experience

Lecturer in General surgery

01/94 – 03/94

Sassoon General Hospital, Pune

Sassoon hospital is a 1400 bedded hospital attached to the B.J. Medical College. Held a teaching post in the department of General Surgery

Lecturer in Anatomy

03/94 – 07/94

BJ Medical College, Pune, India

Responsible for demonstrating skills to under graduate students

Dissertations

General Surgery: **Role of endoscopy in diagnosis of upper G. I. diseases - A case study of 200 patients.** Submitted to the Pune University for the degree of MS (G Surg) May 1993

MCh. Plastic Surgery: **Primary unilateral cleft lip nose correction - a study of 32 cases.** Submitted to the University of Mumbai for the degree of MCh (Plast) Dec 1996.

Publications

Indexed Journals

1. A Davalbhakta, N S Niranjana. **Fasciocutaneous flaps based on Fascial feeding vessels for defects in the peri-olecranon area.** *Br J Plast Surg* (1999), 52, 60-63
2. A Davalbhakta, BCS Sommerlad. **Cavi-Care for hypospadias dressing,** (Letter) *Br J Plast Surg* 1999, 4, 325-326.

3. A Davalbhakta, P Hall. **Impact of antenatal diagnosis in the timing and effectiveness of counselling for cleft lip and palate.** *Br J Plast Surg* 2000, 53, 298-301.
4. A Davalbhakta, BGH Lamberty. **Technique for uniform reduction of macroglossia.** *Br J Plast Surg* 2000, 53, 294-297.
5. A Davalbhakta, S Hamilton, J W Grant and BGH Lamberty. **Spread of a recurrent lentigo maligna into a graft -A case for conservative treatment.** *Br J Plast Surg.* 2001 54, 253-256.
6. P N Hall & A Davalbhakta. **Scientific evidence and expert clinical opinion for the investigation and mangement of stage III melanoma – surgical intervention.** A chapter in “The Effective Management of Malignant Melanoma. Eds R M Mackie, D Murray, R D Rosin, B Hancock, A Miles. Aescilapius Medical Press 2001. 51-64.
7. A Davalbhakta and P N Hall. **Evaluation of the role of Bow Sutures in the repair of the skin in cleft lips.** Transactions of the IX International Congress on Cleft Palate and Related Craniofacial Anomalies. 25- 29th June 2001, Goteborg, Sweden.
8. A Davalbhakta & N Niranjn. **A simple technique for percutaneous suturing of alar cartilages in closed rhinoplasty.** *Plast Reconstr Surg.* 2005 Jun;115(7):2148-50.

Presentations

1. **Perforator based fasciocutaneous flaps for defects in the peri-olecranon area**, presented at the winter meeting of B.A.P.S., Dec. 1997. Co-authors: N S Niranjn & M K Sood.
2. **Role of antenatal ultrasound in counselling for cleft lip and palate** - presented at the 6th European Craniofacial Congress for Cleft Lip and Palate, Manchester. 23 June 99 and the East Anglia Regional Audit meeting, July 99. Co-author: P N Hall.
3. **Cost effectivity of endoscopy in the diagnosis of upper G.I. diseases.** Annual conference of the research society of B.J. medical college. August 92.
4. **Evaluation of role of Bow Sutures in repair of the skin in cleft lip repairs.** Presented in the IX th international Congress of Cleft Palate and Related Craniofacial Anomalies in Goteberg.28th-30th June 2001. Co-author: P N Hall
5. **V – Y advancement flaps for the reconstruction of the sole of the foot.** A Davalbhakta & N S Niranjn. Presented at the National Conference of the Association of Plastic Surgeons Of India. 29th November 2002.
6. **Perforator based V – Y advancement flaps for the reconstruction of the sole of the foot.** A Davalbhakta & N S Niranjn. Presented at the Summer Meeting of the British Association of Plastic Surgeons, Cardiff 4th July 2003
7. **Simple techniques for estimation of breast volumes in reconstructive and aesthetic breast surgery.** A Davalbhakta & N S Niranjn. Presented at the National Conference of the Association of Plastic Surgeons Of India. 29th November 2003.
8. **Anatomical basis for Perforator based flaps of the lower limbs.** Invited guest lecture at the North of England regional training day. Preston 10th of Oct 2003.
9. **Spectrum of management of Asymmetric Breasts.** A Davalbhakta & N S Niranjn Presented at the National Conference of Association of Plastic Surgeons of India New Delhi Nov 2005
10. **A New Technique for Management of Tuberous Breasts** A Davalbhakta & N S Niranjn Presented at the National Conference of Association of Plastic Surgeons of India Nov 2005.

11. **Insights in to Cosmetic Surgery for 21st Century Women.** Invited guest lecture at the annual conference of the Pune Society of Obstetrician and Gynaecologists. 4th Dec 2005.

Workshops / Courses

1. Rhinoplasty workshop. Plastic & ENT depart of G.T. Hospital Bombay. Mar 27-31, 1997.
2. Workshop on Aesthetic Surgery, Dept.of Plastic surgery, Baroda- Medical College 3rd/4th Feb 97.
3. Anatomy of the upper limb & Hand course, Hand Clinic, Windsor, 3/4th Oct 98
4. Flaps in the lower extremity, Workshop at St Georges' Hospital Dec 98
5. Northwick Park, Microsurgical Workshop Nov 1997
6. The Canniesburn Course on the use of flaps in plastic surgery 2 - 6 Oct 00
7. Interactive workshop on Hypospadias. Mr. A Bracka, Wordsley. 26th January 2002-01-31
8. A-O Hand Course, Darby 11-13th Feb 2002
9. Dallas rhinoplasty workshop, Dallas 25-27 march 2004.
10. Annual meeting of the American society of Aesthetic Plastic Surgeons –New Orleans 27 April – 4 May 05

Research Project

The qualitative and quantitative evaluation of the perfusion of a perforator based flap. Research project approved by North and Mid Essex Ethical Committee and funded by Mid Essex Hospitals Trust. A grant of £ 30,000 has been sanctioned towards this project. This study involves use of LASER Doppler and surface SO2 probe for studying the physiologic changes in the blood flow of perforator based flaps. I have designed the research and obtained ethical committee approval for it. My consultant colleagues who are collaborating and supporting this research project are Mr. Niranjana, Mr. Ramakrishnan and Dr. Pal (R & D director). Changes in the blood flow in a perforator based flap once it has been islanded are being studied.

Audit

Audit of the antenatal and postnatal counseling protocol for babies born with clefts- A patient satisfaction survey. I reviewed 124 patients. Conclusion of the audit was that Antenatal diagnosis with antenatal counseling improves the overall experience and outcome of the birth of a cleft child for the parents. The findings led to meaningful improvement in antenatal counseling practices. I presented the findings at the East Anglia Regional Audit meeting in July 99.

Non Medical Interests: Digital Imaging and manipulation, Photography, Swimming, Badminton, Travelling, Music, Reading. Web page development and Graphics are of special interest.

Visits:

Singer Institute of cosmetic Surgery, La Jolla, San Diego CA May 2003

Dr Merel: La Jolla Centre for Cosmetic Surgery, La Jolla, San Diego CA May 2003

Mr. Aivar Bracka, to study his techniques of hypospadias repair. 4th May 2004.

Dr Sam Hamra, Dallas, 4th of May 2005. Composite rhytidectomy technique

Dr Rod Rohrich Dallas 5th of May – 10th of May 2005. Techniques in Aesthetic Surgery