



Hello everyone!

I'm Dr Amit Paramne, MCh plastic surgeon from Govt medical college, Nagpur.

I've recently completed my one month fellowship training in cosmetic surgery from Aesthetics medispa at Pune under the guidance of Dr Ashish Dhavalbhakta Sir.

Being well versed in general plastic and reconstructive surgery from my parent college in Nagpur – I felt the need to include cosmetic surgery in my practice.

So I began researching programs offering cosmetic surgery training and came across the MUHS affiliated cosmetic surgery training program spearheaded by Dr Ashish Dhavalbhakta Sir at Aesthetics medispa, Pune. Being the only university approved fellowship program – I was assured that it would be legitimate, skills based and excellence driven.

Dr Ashish Dhavalbhakta needs no introduction – his reputation precedes him.

He's a world renowned, board certified, internationally trained cosmetic plastic surgeon with over 25 years of experience. He has been trained from premier institutes in the UK & the US. He is a well known figure in plastic surgery not just in India but worldwide.

Naturally I was a little nervous to work under a celebrated & eminent personality as him – but my fears were quickly dispelled once I got to know him for the kind, amicable and down to earth gentleman that he is. His energy, effervescence and knowledge of plastic surgery is unmatched and his dedication to patient care, comfort & safety is exemplary.

The scores of patients I observed during my training all seemed to be quite comfortable and pleased with Sir's devotion & professionalism – whether in the consultation room or in the operation theatre.

I was fortunate to observe a wide range of cosmetic surgeries like liposuction, abdominoplasty, fat grafting, rhinoplasty, facelift & more. It was a treat to observe sir operate with his characteristic precision & skill – all the while making sure I understood every step of the surgery along the way. He made sure the patients were at ease & comfortable not just during the surgery but in the post operative period and on routine follow up too.

There is a dedicated medical spa at the facility too where I got to observe a variety of non invasive and minimally invasive procedures like Botox, lip & cheek fillers, PRP injections for hair restoration, laser skin rejuvenation and laser hair removal. The devices and machines used for laser, liposuction and the other equipments were all modern and state of the art.

The staff at the facility – dermatologists, cosmetologists, nurses, co-ordinators & receptionists were quite friendly and provided a home like ambience to me as well as the patients. Their dedication and devotion to their work was truly outstanding.

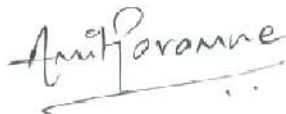
One of the highlights was watching the consultations of the numerous patients that came to enquire about cosmetic surgery procedures. Dr Ashish would spend more than an hour with every patient on an one to one consult – taking detailed history, meticulous examinations, pre operative photographs & explaining ever step of the procedure, outcome & possible complications – as well as using virtual reality & 3D simulation software generated photos to give an idea of the expected post operative result.

I was surprised to find that a good many patients were overseas patients who chose Aesthetics medspa for their cosmetic surgery procedures rather than undergoing the same in their native countries.

Overall I'm more than satisfied with my training at Aesthetics medspa – one that far exceeded my expectations.

I would like to personally thank Dr Ashish Sir, Dr Sonalini, Dr Madhuri, Tejaswi & Mr Saurav Bhowmick as well as the entire staff at Aesthetics medspa at both Model colony & Baner for making my fellowship experience a truly enriching & memorable one!

Thank you!!

A handwritten signature in black ink that reads "Amit Paramne". The signature is written in a cursive style with a horizontal line underneath the name.

DR AMIT PARAMNE